



IN THE MOMENT

What is parenting, I wonder. The dictionary says it is the act of being a parent to. If that is what it is, then Daljinder Kaur and Mohinder Singh Gill fit the stencil. After hoping for a miracle to happen for the best part of their lives, this couple finally became parents for the first time recently... at the grand old age of 70 and some.

The doctors involved in the process are ecstatic for the sake of the advancement that medical science has made. And they should be. After all, they were able to turn the biological clock back for Daljinder and ensure that she had a smooth pregnancy and a C-section delivery.

But, while reading the story on **page 20**, I could not but feel for the little one and the future that awaits him. Would the newborn ever get a chance to sit on his father's strong

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shoulders and see the world or have the old man running after him when he wobbles on a bicycle? Would his mother have the strength to carry him to his cot when he would fall asleep in her lap?

Selfish, I thought they all were – the doctors and the new parents – for they could not think beyond their own motives.

Then, I began to wonder again. Can any of us future-proof our lives? Ensure that any potential grief, pain, loss or failure does not leave an indelible scar on our hearts and minds, or even predict how our lives will play out the next moment?

Since the answer is most definitely no, I suppose we cannot judge the septuagenarian couple, but only hope that they are able to enjoy their new responsibilities. Changing nappies, getting baby Armaan to burp after every meal and putting him to sleep can all be very exhausting for a parent, however old they are.

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MY TOP THREE THIS WEEK I'M LOVING...

1 The desert heat is upon us, and I'm fighting its effects with Ajmal's limited-edition Ramadan fragrance, Oudesire. A classic oud and musk blend with top notes of rose, jasmine, bergamot, ginger, raspberry and cassis, it's perfect for summer too. I know this one's a keeper! Dh750 for 100ml at Ajmal stores.



2 I'm not a fan of slathering my face with make-up, however, Elizabeth Arden's Grand Entrance Mascara is an exception, and a fabulous one at that! It's water-resistant and gives my peepers a luscious, long-lasting finish. Dh120 at Areej.



3 Soaring temperatures have never done my eyes any favours, but this summer, I've the apt weapon in my handbag – Clinique's Pep-Start Eye Cream. A potent combo of energising peptides, caffeine, as well as algae, magnolia and molasses extracts, all I do is apply it around my eye area and I look as young as ever! Dh154 at Sephora.

